

LOTUS NOTUS

“Optimum Health Naturally”

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FLU, SWINE FLU, AND PREVENTION

We are now accepting advance orders for the 2009-10 Influenzinum effective oral flu prevention and remedy. It ships here in mid-October, so we would like to get our order in to the supplier by the end of September. Each vial is enough for 1&1/2 people. Two vials will cover three people. The cost is \$9.75 per vial, and we can mail them to you with a nominal fee. Place your order now.

Meanwhile,

- Wash hands often with soap & water, especially after being in public places.
- Keep hands away from eyes, nose & mouth.
- Use vitamins, supplements, and healthy diets to keep your immune system strong.
- Drink plenty of water.
- Get adequate rest each night.
- Avoid people who are sick.
- For air travel, use saline spray or gel to keep germs at bay and to protect nasal membranes.

Keep preventative items on hand. You know the first signs – fatigue, aches, sore throat, cough, sniffles, fever, chills, itchy eyes. Take Gan Mao Ling and YinQiao immediately to prevent the symptoms from progressing or to greatly diminish the effects. These are safe and extremely effective. We have these two items for less than \$10 each. Also, take IgG 2000 to boost your immune system. No medicine chest should be without these staples. Call to order some today.

NEW ALLERGY ELIMINATION PROCEDURE IS OFFERED

We offer a new service for allergies called the Nambudripad Allergy Elimination Technique, or NAET. There are no needles, minimal supplements, and only temporary diet changes are required. **Dr. Belluccio is conducting a seminar about NAET on Wednesday, Sept. 23, 6:00 - 7:00 p.m. at Maggie's Miracles Tea Room, in New Tampa, 10335 Cross Creek Blvd., Suite H.** If you or anyone you know suffers from allergies, please come learn more about this process. Enjoy a pot of tea during the talk, or come by 5:30 for dinner. Please RSVP at 964-0847.

THERMOGRAPHY SPECIAL OFFER!!!

October is “Breast Cancer Awareness Month” and we have special pricing on Breast Thermography here in our office during the month. All breast scans will be \$159. In addition, new patients can get the initial and three month baseline for \$159 each, or can prepay for both during October for \$299 (save \$51). If you are due, past due, or due this year, take advantage of the savings. Give yourself this gift of health. Call Teresa to schedule your appointment.

For a great article about thermography, visit <http://naturalhealthcenter.mercola.com/services/Thermography.aspx>. In addition, a series of very informative breast health articles can be found at [http://search.mercola.com/results.aspx?k=Breast thermography](http://search.mercola.com/results.aspx?k=Breast+thermography). Learn about your options so that you can make an informed choice for yourself.

NEW PRODUCTS

We now carry Clinical Essentials Omega Fusion omega oil blends. They are the consistency of a smoothie, in great flavors like strawberry-banana and lemon zest. They're so delicious that it's hard to believe you're getting the daily dose of essential fatty acids – great for kids! Samples are available in our office for a limited time. Please try them.

Dr. Maria is constantly searching for better, more effective supplements. We carry some great new anti-aging products, along with new bone support and detoxification formulas. Ask her about them during your next visit.

Thanks for letting us serve you. We look forward to seeing you again soon!

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