

# LOTUS NOTUS

“Optimum Health Naturally”

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## **DR. MARIA SPEAKING AT MIRACLES AND LOTUS PATH WELLNESS CENTER**

On Tuesday, March 23 at 6:30 pm, Dr. Belluccio will be holding an informal discussion at Miracles – Maggie’s Tea Room about GUNA detoxification and the HCG weight loss program. This is a relaxing atmosphere where you can ask questions and learn about these programs, as well as our other offerings, while enjoying a cup of tea or a delicious meal. The tea room is at 10335 Cross Creek Blvd., Suite H, in new Tampa. Reservations are preferred, but not required, and can be made at 813/964-0847.

On Tuesday, April 6 at 6:30 pm, Dr. Belluccio will give a talk on the Thyroid gland. The thyroid regulates body metabolism, blood calcium levels, energy, excess fats, hormones, oxygen, weight loss, and many other aspects of our health (whew!!). Many of us experience the negative affects of thyroid malfunctions without even knowing we have them, making it very difficult to control other aspects of our health. It becomes more prevalent as we get older. The talk will illuminate types of problems, symptoms, and treatments to return the thyroid to optimal performance.

## **THERMOGRAPHY REMINDERS DELAYED**

Teresa ran behind on thermography reminders for 2009 and she is trying to get caught up. If you have not received your reminder call and you think you missed your due date, please give her a call and she will get you on the schedule ASAP.

## **THE MOST IMPORTANT VITAMIN**

The results are in! If you have done much reading lately, you have already heard. When it comes to overall health, Vitamin D rules! It regulates the immune system, and is significant in reducing the occurrence of several cancers, brain disorders, asthma and lung problems, pain and much more. Of special interest is its relationship to weight loss, especially in the abdomen. The higher the D level, the easier the fat loss, and the better the overall health. We can check your D level and determine your needs. Call for more information.

## **NEW ALLERGY ELIMINATION PROCEDURE**

Our new allergy treatment, called Nambudripad Allergy Elimination Technique, or NAET, uses no needles, and only temporary diet changes. Dr. Belluccio will be happy to discuss this treatment and how it can help you. For established patients, the first session is \$75, and follow ups are \$50. We are seeing some amazing results with this!

## **THERMOGRAPHY – SPREAD THE WORD.**

And SAVE!! To encourage you to get the word out, we are offering a Thermography referral program. You will receive a 10% discount on your own thermogram for EACH new thermogram patient that you refer to us. The patient must provide your name. If you send ten patients (10 x 10% = 100%) your thermogram is free! Think of gathering a group for Dr. Maria to come and speak to about breast health and thermography.

## **NEW DELICIOUS MIGHTY MACA GREENS**

We now carry Mighty Maca Greens at our office. This alkalizing, healing, and restorative drink is infused with Maca Root, Una De Gato, Acerola, Magosteen, and other natural ingredients. Important added minerals, vitamins, enzymes, antioxidants, and phytonutrients increase stamina, improve metabolism and digestion, and even strengthen libido. It has a pleasant refreshing taste with water, and can be mixed with other liquids. A 30 day supply is \$36.95.

## **WE HAVE MANNA FROM HEAVEN BREAD!!**

This delicious bread is available at Lotus Path Wellness Center. It is sprouted, high fiber, high protein, low carb, containing no wheat, yeast, or sweeteners, and it is organic. It is \$6.99 per loaf.

Lotus Path Wellness Center

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